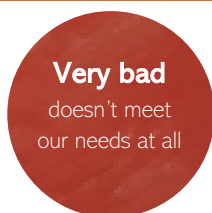


GEM-Youth

Growth and Empowerment Measure for Aboriginal and/or Torres Strait Islander young people

Getting to know you

| | | | | | |
|---|------------|-------------------------------------|------------------------|--------|--|
| Date | | | | Gender | |
| Birthday | | | | Age | |
| Are you: | Aboriginal | Aboriginal & Torres Strait Islander | Torres Strait Islander | | |
| Who is your Mob? | | | | | |
| Where do you currently live? | | | | | |
| Have you always lived there? | Yes | No | | | |
| If no, where else have you lived? | | | | | |
| Do you have a partner? | Yes | No | | | |
| Do you have children? | Yes | No | | | |
| If yes, how many children do you have? | | | | | |
| Do you work in community? | Yes | No | | | |
| If yes, where do you work? | | | | | |
| Do you go to school in community? | Yes | No | | | |
| If yes, what grade are you in? | | | | | |
| If no, what grade did you finish? | | | | | |
| Have you done any training, e.g. white card or a certificate? | Yes | No | | | |
| If yes, what training have you done? | | | | | |
| What is your usual living situation? <small>(e.g. with family, in out of home care, on streets, couch surfing)</small> | | | | | |
| How many people do you usually live with? <small>(number of adults and children)</small> | | | | | |
| Who do you live with? | | | | | |
| How would you describe the place you usually live? | | | | | |



How I feel about myself

Which fish fits your answer:

1. I feel happy with my life...



2. I feel like I have lots of energy...



3. I feel like I have lots of opportunities...



4. I like to learn new things...



5. I feel like I'm good at learning...



6. I feel like people respect me...



7. I feel like people listen to me...



8. I feel like I belong...



9. I feel good about myself...



10. I feel like I can look after myself...



11. I feel chill...



12. I feel stressed about my future...



13. I feel good about my future...



14. I feel angry about life...



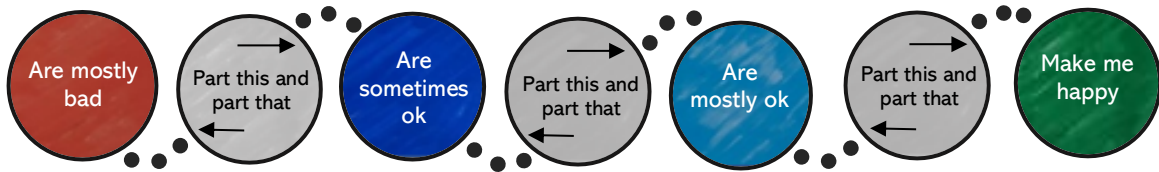
15. I feel strong in my culture...



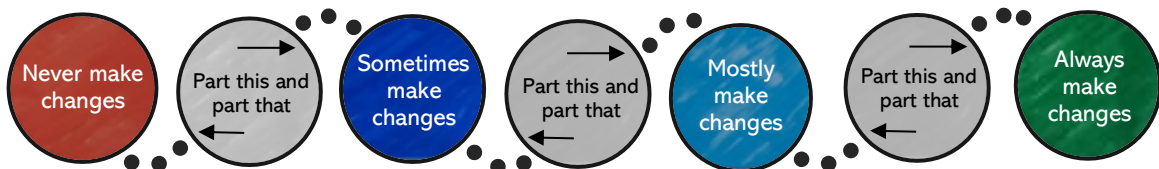
Thinking About My Everyday Life

Which fish fits your answer:

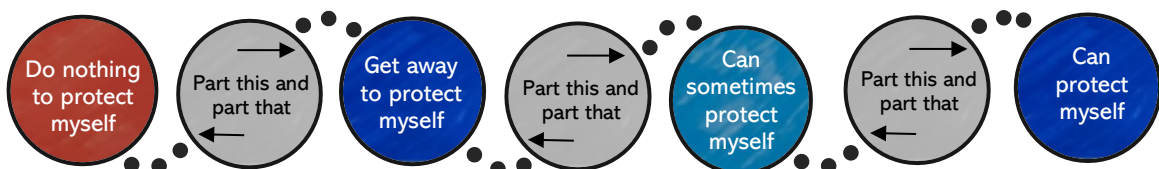
1. The relationships in my life...



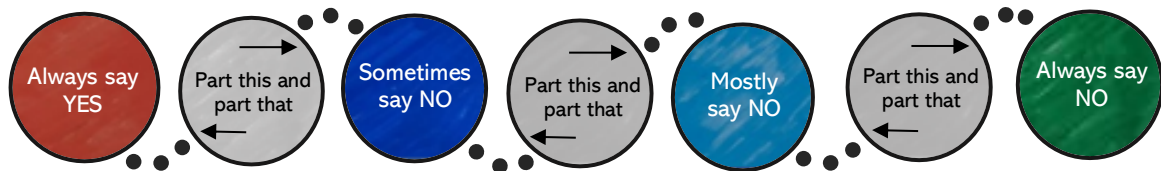
2. When I want to make changes in my life I can...



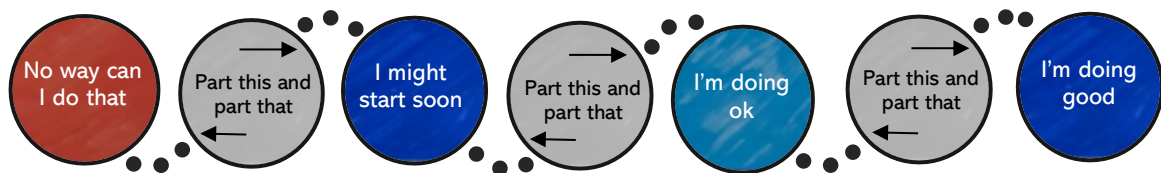
3. When I think I might get hurt I...



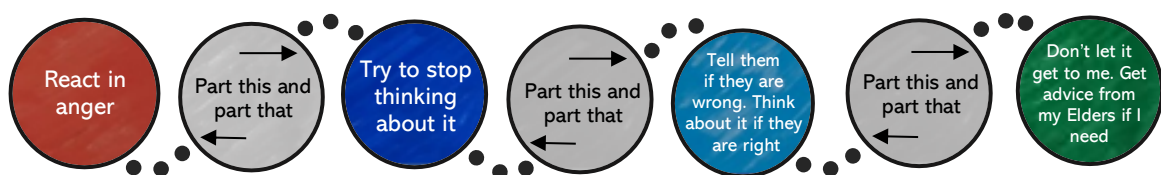
4. When someone asks me to do something I don't want to do...



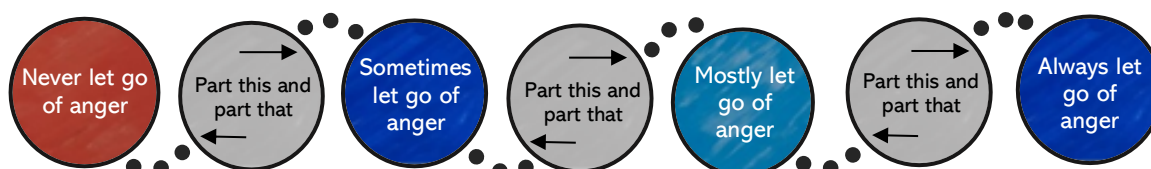
5. When I think about my learning I feel...



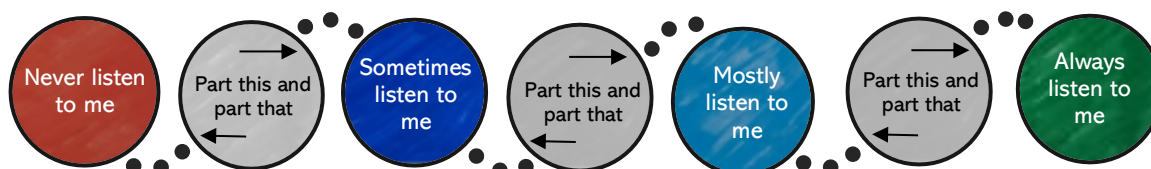
6. If someone judges me I...



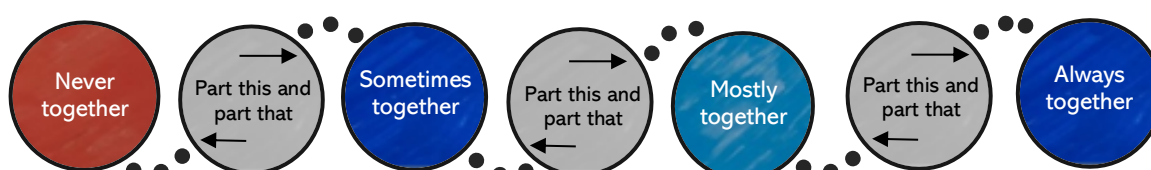
7. When bad things happen to me I can...



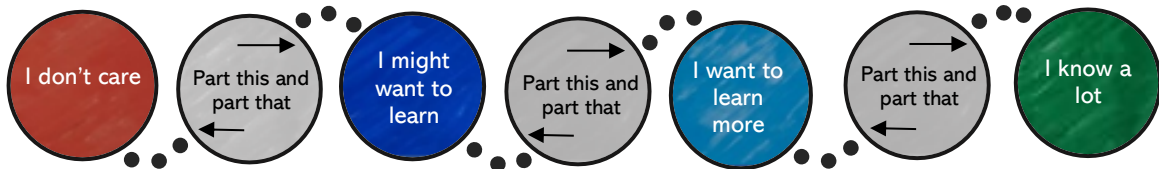
8. When I speak up to my friends and family they...



9. My family and friends can always work out their problems...



10. When I think about my culture, I feel like...



11. When I think about my cultural identity I...

